

## Project Summary

### MSHA 8-Hour Refresher Training: Trucking, Excavating, and Surface Mining Operations

**Client:**  
Various

**Contact:**  
Various

**Project Managers:**  
Mr. Robert N. Cooke,  
CSP, CPEA, Manager  
Alpha Terra Science Safety  
Division  
Mr. Gordy Koch, CHCM,  
Mr. Steve Adamavich,  
Senior Safety &  
Health Specialist

**Regulatory Status:**  
Annual Mine Safety 8-hour  
refresher training for  
highway department  
workers who actively work  
in a county gravel pit or  
quarry

#### Project Features

- ⇒ A combination of 8-hours of safety and first aid training is performed per the regulations
- ⇒ Highway Departments have their choice of having their employees attend a public session or scheduling an onsite session for convenience
- ⇒ Training is updated annually to provide current information
- ⇒ Three authorized trainers on staff

#### Alpha Terra Science Safety Division

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#### Introduction and Value to Client

Over the last 13 years the Alpha Terra Science Safety Division has provided or is presently providing MSHA 8-hour refresher training to a large number of trucking, excavating, and above-ground surface mining operations. This training is a requirement of the Mine Safety & Health Act and pertains to all workers who actively work in aboveground surface mining operations such as private or public quarries or gravel pits. The value to those that utilize our services is measured in the quality of our presentation and the availability of three authorized trainers to assist in scheduling flexibility.

#### Synopsis

We have successfully trained over **18,000** truckers and miners in the last thirteen years to meet the MSHA 8-hour training requirement. These sessions require a combination of safety and first aid training. Our instructors are certified by the American Heart Association that allows us to provide the full eight hours of training.

Generally, the majority of this training is provided between January and early April. With three authorized MSHA instructors we have additional capability to provide this training during that small timeframe limited due to the nature of the business.

In recent years, we have broadened our training efforts from providing only onsite training to offering public sessions throughout Wisconsin and surrounding states. This outreach has benefited a significant number of smaller trucking, excavation, mining operations, and more distant highway departments providing them with easier access to receive the required training.

Training contents are updated on an annual basis so that the recipients receive the most current information while utilizing an interactive training approach, consistent with our training philosophy.

To date, we have provided this refresher training to employees of hundreds of trucking, excavating, and surface mining companies. Training sessions are limited to approximately 40 attendees so that there is a greater opportunity for the retention of the training

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